

Track 1 – October 16-17, 2024
2024 WSADCP Therapeutic Court Conference
Workshop Summaries and Presenter Bios (Listed by Session Number on Schedule)

Welcome and Opening Remarks:

Jon Tunheim, Master of Ceremonies, Past President of Washington State Association of Drug Court Professionals (WSADCP) and Washington Association of Drug Courts (WADC), and Thurston County Elected Prosecutor

Steve Freng, WSADCP/WADC Secretary and Founding Member

Dawn Marie Rubio, State Court Administrator, Washington State Administrative Office of the Courts (AOC)

Teresa Claycamp, Deputy Division Director of Treatment and Recovery, Division of Behavioral Health and Recovery, Health Care Authority (HCA)

Judge Jessica Giner, District and Municipal Court Judges Association (DMCJA)

Joe Barsana, President of Washington State Therapeutic Court Alumni Association (WSTCAA) and WSADCP/WADC Board Member

Presenters:

Jon Tunheim has served as the elected Prosecuting Attorney for Thurston County since 2011. Prior to his election, Jon served as a Deputy Prosecutor for 20 years prosecuting a wide variety of felony cases with a focus on cases involving sexual assault, domestic violence and crimes against children. Jon is known regionally as a strong advocate for treatment courts throughout the State of Washington having served many years on the WSADCP board. Through his work with crime victims, Jon was introduced to Hope Theory and immediately recognizing the importance of this science to those who experienced childhood trauma and became intensely interested in the application of Hope Theory in criminal justice settings He is now a frequent speaker on Hope Theory and has presented at the local, state and national level. Jon is convinced that Hope is essential for those in recovery and has trained the staff of his local Thurston County Drug Court on Hope Theory. Inspired by this work, he designed a “Hope Coin” which he now presents to every treatment court graduate in Thurston County to recognize them for their achievements.

Steve Freng, Psy.D., MSW, Dr. Freng has acquired over 30 years’ experience as a substance use disorder (SUD) services professional, having worked in clinical, supervisory, administrative and managerial capacities in the development and delivery of SUD prevention and treatment services in the State of Washington. Dr. Freng thereafter served as the Prevention/Treatment Manager for the Northwest High Intensity Drug Trafficking Area (NW HIDTA), a region of fifteen counties in Washington State designated by the White House Office of National Drug Control Policy for special law enforcement and SUD program

initiatives. The programs under his direction focused on several areas, including the development, operation and evaluation of Drug Courts throughout the NW HIDTA region, as well as SUD prevention projects within the region, support for which was contingent on sustained, active collaborations with law enforcement agencies. As President of Community Network Services, Inc., Dr. Freng is also active as an independent clinician, consultant, trainer and evaluator, having developed inter-disciplinary treatment programs, directed a state-wide needs assessment project, managed prevention projects and provided technical assistance and facilitation on a wide range of topics and disciplines. Dr. Freng serves on a variety of local and regional boards and panels, is active in state and federal legislative efforts, and remains involved in research and service demonstration projects.

Dawn Marie Rubio, J.D., joined the Washington Administrative Office of the Courts as State Court Administrator on January 1, 2019. As the State Court Administrator, Ms. Rubio leads the overall operations and provides strategic direction of the Washington Administrative Office of the Courts. As a member of the Conference of State Court Administrators (COSCA), Ms. Rubio is a COSCA co-chair of the Joint Conference of Chief Justices and Conference of State Court Administrators Behavioral Health Committee. Prior to Washington, Ms. Rubio worked with the Utah AOC as Administrator for the statewide Juvenile Court and as Utah's Commissioner -- Interstate Commission for Juveniles. Dawn Marie also worked as Assistant Director of the Administrative Office of the Illinois Courts. For 11 years, Ms. Rubio worked as a Principal Consultant with the National Center for State Courts during which she directed national, state, and local projects improving court organization and operations with emphasis on children, families, and problem-solving courts. Ms. Rubio began her career with the Seventeenth Judicial Circuit Court of Florida holding various administrative and legal positions in the family and juvenile court. Ms. Rubio earned a Bachelor of Science and Juris Doctor from the University of Florida. She is a member of the Florida Bar Association, a fellow of the Institute for Court Management, and the recipient of the 2006 NCSC Staff Excellence Award.

Teresa Claycamp brings a diverse background with a unique blend of state government experience and clinical expertise in behavioral health treatment and recovery models of care since 2005. As a licensed mental health therapist in various leadership positions, she has successfully led teams in the areas of clinical supervision and consultation, program management and development, contract and budget monitoring, and quality management and improvement. Prior to her recent position as Deputy Director within the Division of Behavioral Health and Recovery, she served as Behavioral Health Strategic Advisor to the senior leadership team, translating strategic objectives into practical implementation. Her additional state service also includes four years as lead program manager overseeing the statewide implementation of integrated managed care for behavioral and physical health care covered under the Apple Health Medicaid benefit. Teresa has a solid foundational knowledge of the community behavioral health system of care within the state Medicaid system, as well as the state and federal rules and guidelines governing both mental health and substance use disorder treatment. She is passionately committed to holistic health and wellness, service and system of care integration, and equitable and quality care to the most vulnerable populations. She holds a Bachelor of Arts in Psychology from Pacific Lutheran University and a master's in counseling psychology from Saint Martin's University.

Judge Jessica Giner is a Renton Municipal Court Judge. Prior to her appointment in 2021, she served as a judge pro tempore in more than a dozen district and municipal courts in the Puget Sound area. Judge Giner has also previously served as a solo defense practitioner and as a deputy prosecuting attorney with the Pierce County Prosecuting Attorney's Office where she served as a member of the Juvenile Drug Court team. Judge Giner has also previously served as the Public Safety Department Chair for Everett Community College and as the Criminal Justice Department Program Director for City University of Seattle in addition to her teaching faculty experience. Judge Giner serves as the Secretary/Treasurer for the District and Municipal Court Judges Association and is a

board member of the Washington Judges Foundation. She is a member of the DMCJA Diversity and Education Committees, the Washington State Trueblood Committee, and the Board for Judicial Administration's Alternatives to Incarceration Task Force, as well as the Washington State Association of Youth Courts. Judge Giner developed and facilitates the Renton Municipal Court Mental Health Calendar and the Renton Municipal Youth Traffic Court Program and is an active volunteer with the Washington State YMCA Mock Trial Program.

Joe Barsana is a WA State Certified Peer Counselor and Recovery Coach. After graduating from King County Drug Diversion Court in 2020, Joe returned to Drug Court as an employee - initially as the Resource Specialist and currently as a Housing Case Manager. He is currently a Board Member of the WA State Association of Drug Court Professionals and WA Association of Drug Courts. Joe is also the President and Co-Founder of the WA State Therapeutic Court Alumni Association and attended the All Rise Alumni Leadership Training Institute. He is passionate about using his professional and lived experience to support and advocate for others in recovery.

Keynote: From the Big House to the White House: Unlocking Potential

Attorney Christopher Poulos shares his personal and professional path from trauma, substance use disorder, homelessness, and prison to college, law school, serving in the White House, and becoming a senior state government executive. Poulos's talk weaves between personal experiences and the larger policy and practice issues involving the intersection between substance use disorder and criminal legal system involvement. He will share about the importance of support and accountability versus surveillance and punishment and the vital role government decisionmakers, family, peers, and community members can have in helping people positively redirect their lives.

Presenter: Christopher Poulos

Christopher Poulos is an attorney, speaker, writer, and consultant. He currently serves as the Executive Director of the Center for Justice and Human Dignity ([CJHD](#)) and has served as the Executive Director of the Washington Statewide Reentry Council. Poulos also developed a course on drug law and policy that he taught at Seattle University School of Law. He regularly speaks and writes about his path from addiction and incarceration to college, law school, the White House and beyond.

Prior to his appointment to the Reentry Council, he served as Executive Director of Life of Purpose Treatment at the University of North Texas, where he was also an Adjunct Professor of Criminal Justice. During law school, he served at the White House Office of National Drug Control Policy and The Sentencing Project. Poulos has advised United States Senator Angus King (I-Maine) on addiction and justice policy and served on several national, state, and local task forces related to criminal justice policy. He graduated cum laude from the University of Maine School of Law, where he was President of the American Constitution Society and represented children facing criminal charges as a student attorney in the Juvenile Justice Clinic.

Prior to law school, Poulos overcame many obstacles, including tragic family losses, addiction, homelessness, and a federal incarceration. He now dedicates his life to helping others overcome or avoid similar challenges and he supports a public health-based approach to addiction. His work promotes equal access to the law and seeks to end mass incarceration and the collateral consequences now facing the tens of millions of people with criminal convictions.

His work and personal story have been featured on The Today Show and in The Guardian, The New York Times, Washington Post, NBC News, The Hill, Crosscut, and The Harvard Law and Policy Review. Poulos was selected as one of Portland Magazine’s “Most Intriguing People” and as “Law Student of the Year” by National Jurist Magazine.

Session 1: Phases in Treatment Courts

This session gives an overview of the necessity of distinct phases for treatment court participants to progress through on their journey toward graduation from drug court.

Learning Objectives:

- Design written materials that adequately communicate what is expected of participants for each phase.
- Develop and write a community supervision protocol.
- Write drug and alcohol testing protocols and apply principles of quality assurance to community supervision and drug testing protocols.
- Design reasonable court rules to be imposed on drug court participants to assist them in the change process.

Presenter: Vanessa Matthews – TCI Project Director

Vanessa Matthews, division director for the National Drug Court Institute (NDCI), a division of the National Association of Drug Court Professionals (NADCP). She was employed as a police officer with Oklahoma City from 1990 to 2012, working with the Oklahoma County drug court from May 1998 to September 2009. She was instrumental in the development of the drug court program, including policy manual development, budgeting, and staff training. Her training presentations and curriculum development include recognizing the signs of mental illness, identifying a subject under the influence of drugs, effectively communicating with consumers, strengths-based interviewing, team building, drug testing, program planning and development, grant writing, community supervision, cultural proficiency for consumers served, ethics and confidentiality in treatment programs, psychopharmacology of drugs for first responders, and community resource identification and development. In 2014, Ms. Matthews was appointed by the governor of Oklahoma to serve on the Oklahoma Pardon and Parole Board. In 2015 she was reappointed to a four-year term and elected chair of the organization. She joined the staff of NADCP in 2016 to serve as the director of NDCI. Ms. Matthews has an associate degree from Oklahoma State University in applied police science and a bachelor’s degree from the University of Central Oklahoma in criminal justice. In July 2020, Ms. Matthews was elected to serve as a member of the national NAMI Board of Directors. In May of 2023, Ms. Matthews was selected to serve as part of the IACP Mental Health workgroup.

Session 2: Teaching the Hulk Tetris: Understanding the Role of Stress and Self-Regulation in Supporting Families Impacted by Child Welfare

Help transform stress into strength and support families on their journey to well-being. Using the iconic imagery of the Hulk, we will explore the impacts of toxic stress and how professionals can use effective self-regulation strategies to help support families involved with child welfare. The Hulk’s transformation mirrors the impact of the stress response on the human brain and nervous system, which can lead to overwhelming emotions and behaviors. Attendees will

learn to identify the stressors that families face and discover practical strategies that help families “tame the Hulk” within by promoting calm and constructive responses to stress. Join this session learn more about self-regulation techniques for all ages and test out different, tools and toys designed to build self-regulation skills, such as HeartMath, MindFlex, and the Purrble.

Learning Objectives:

- How past trauma can impact someone’s ability to successfully navigate the world, including impacts on parenting.
- What self-regulation is and why it should be the “starting point” in many cases.
- How we can improve our own self-regulation capabilities.
- How can we create trauma-responsive experiences for families.

Presenter: Laura Vogel

Laura Vogel is the CIP Co-Director & Training Specialist for the Administrative Office of the Courts’ (AOC) Family & Youth Justice Programs. She coordinates training opportunities for judicial officers and court partner, along with facilitating cross-systems court improvement efforts. Prior to working for AOC, Laura was employed by Thurston County Superior Court as the Family Recovery Court Coordinator, and subsequently as the Safe Babies Court Community Coordinator. Laura holds bachelor’s degree from North Dakota State University and a Master of Public Administration degree from Kent State. Laura is a Certified Trauma Support Specialist and is a board member for HeartStrides Therapeutic Horsemanship. Originally from the Midwest, Laura’s early career involved coordinating specialty criminal domestic violence courts and high-risk lethality teams. She spearheaded the effort that resulted in the implementation of the first domestic violence court program in the state of North Dakota. She has a wealth of experience in facilitating cross-system court improvement projects and strives to bring creativity and authenticity into her work. She also brings expertise in group facilitation, project management, judicial officer education, graphic design, and online course development.

Session 3: Recovery Capital

While utilizing substance use disorder treatment is critical in the drug court model, what other elements are important to bring about long-term recovery for clients? Research over the past two decades has found that individuals with strong concentrations of personal, social, and community capital are more likely to sustain long-term recovery. But what exactly does this mean, and how do we operationalize this in the treatment court model? This session will introduce participants to the concept and definition of Recovery Capital.

Learning Objectives:

- Explain the research findings on the importance of assessing and building personal, social, and community capital to strengthen long-term recovery – long past the exit from treatment court.
- Teams will learn how to move these concepts into practice throughout their program, with a specific focus on applying the recovery capital framework in staffing and case management.

Presenter: Jaqueline van Wormer – Center for Advancing Justice Project Director

Jaqueline Van Wormer, Ph.D. is the director of research for the National Association of Drug Court Professionals (NADCP). Before this appointment, she was an assistant professor at Whitworth University and Washington State University. She has held various positions in the criminal justice field, including serving as the Spokane regional criminal justice administrator and as the coordinator for both the adult and juvenile drug programs in Benton and Franklin counties. Dr. Van Wormer has trained and lectured extensively on issues related to drug courts and pretrial reform. She has worked with hundreds of planning and operational therapeutic court teams to offer technical assistance, facilitation, and training. She has taught courses in program evaluation; criminal courts; juvenile justice; drugs, alcohol, and crime; ethics; corrections; and violence against women. She has also written extensively on juvenile drug courts, risk/need tool development, detention alternatives, effective treatment options for offenders, and collaboration among social service agencies. She has successfully secured and served as principal or co-principal investigator for over \$9.8 million in grants and contracts, all focused on criminal justice system improvements. Dr. Van Wormer received her Ph.D. in 2010 from Washington State University. She was named a WSU Woman of Distinction (alumna category) in 2017 for her work in juvenile justice reform.

Session 4: Prosecutor/Defense Counsel Working Effectively on the Team

The roles of prosecutor and defense counsel provide the opportunity for a unique collaboration to effectuate positive change within the criminal justice system. While prosecutors and defense counsel may disagree on individual participants and legal matters, they aim to ensure that the treatment court produces the best possible outcomes. Effective collaboration between the prosecutor and defense counsel is vital for ensuring the treatment court program operates effectively, avoids pitfalls, identifies areas needing improvement, and provides equal participation opportunities.

Learning Objectives:

- Describe common barriers and challenges each discipline faces when working with the treatment court population.
- Identify effective strategies each discipline can use to overcome these barriers and challenges.
- Negotiate obstacles within the context of the prosecutor-defense counsel for the betterment of the team and participant outcomes.

Presenter: John Haroldson – TCI Consultant

John Haroldson is the first Latino elected as district attorney in the State of Oregon, and has served as a prosecutor since 1988. His commitment to treatment court programs is underscored by his proactive and direct engagement with the Benton County drug treatment court, a program in its 16th year of operation, and recognized as a National Mentor Court. Mr. Haroldson has served as adjunct faculty for the NADCP, National District Attorneys Association, Conference of Western Attorneys General, American Bar Association, and Willamette University College of Law. He also serves on the Oregon Bench and Bar Commission on Professionalism, on the board of directors for the U.S. Hispanic Leadership Institute, and as chair of the President’s Diversity Advisory Community Council for the University of Oregon. He has been recognized for excellence in prosecution by the Oregon Crime Victims Network and the Oregon Humane Society. He is also a recipient of the Oregon Bench and Bar’s Edwin J. Peterson Professionalism Award, and the Oregon Hispanic Bar Association’s Paul J. de Muniz Professionalism Award. The son of a Scandinavian father and a Mexican mother, Mr. Haroldson was raised both in the Pacific Northwest and in Monterrey, Mexico, where he developed a rich bilingual and bicultural perspective.

Session 5: The Role of the Judge

The most important component of a successful treatment court is a high functioning team. The role of the Judge specifically is instrumental in keeping the team cohesive and productive. Sometimes teams struggle with understanding each other's roles and working collaboratively to affect positive behavior change in the participants. If teams struggle to communicate effectively, then the participants also struggle. The Judge's role is to ensure staffing runs smoothly, that each member of the team participates in discussions about client progress, and that the team makes decisions about behavior modification based on evidence-based practices. In the courtroom, the Judge must engage with the clients using motivational interviewing techniques. While the Judge should never act as a treatment provider, she/he must understand the treatment progress of clients and address each participant with knowledge about the treatment and case management plans in effect. Finally, the Judge serves an important role in the community by educating community leaders about the effectiveness of treatment courts.

Learning Objectives:

- Learn about the role of the Judge during staffing.
- Learn about the role of the Judge in the courtroom.
- Learn about the role of the Judge in the community.

Presenter: Judge Greg Pinski– JFV Consultant

Gregory G. Pinski is a retired Montana district judge. He earned his B.A. in political science and journalism from the University of North Dakota and his J.D., with distinction, from the University of North Dakota School of Law. He also attended the National Judicial College at the University of Nevada–Reno. Before taking the bench, Judge Pinski taught at the University of Minnesota Law School and practiced law in Minnesota and Montana. As a district judge, he sat by designation on the Montana Supreme Court and served on the Montana Drug Treatment Court Advisory Committee. Judge Pinski founded a veterans treatment court and presided over a drug treatment court for eight years. During that time, he secured over \$5 million in public and private grants to expand his treatment courts. He worked closely with the Harvard Law School Access to Justice Lab to design a comparative study on treatment court processes. As a member of the National Judicial Opioid Task Force, Judge Pinski authored federal, state, and tribal jurisdictional transfer agreements to expand access to treatment courts. He also drafted the Model Veterans Treatment Court Act for the Uniform Law Commission. In the private sector, Judge Pinski is the president of Treatment Court Consulting Group, LLC, providing treatment court evaluation services, and he founded a nonprofit veterans law clinic. He is a consultant to the NADCP, NDCI, Justice For Vets, and the Tribal Law and Policy Institute, providing research, training, and technical assistance services to treatment courts across the United States.

Session 6: Working with Challenging Team Members in Treatment Courts

This session will provide conference attendees with practical skills and applications to improve their effectiveness in engaging with participants exhibiting resistance and other challenging behaviors by taking a fearless inventory of our individual and collective practices; team members can identify and implement strategies to more effectively align with participants to develop trust, instill hope, and improve outcomes for participants and their court.

Learning Objectives:

- Increase team members' ability to recognize and roll with resistance; and effectively respond to difficult behavior.
- Increase team members' ability to apply communication theory perspectives to their work in treatment courts.
- Increase team members' understanding of the Stages of Change and ability to use motivational interviewing to foster change.

Presenter: Vanessa Matthews – TCI Project Director

See Session 1 Notes for Presenter Bios

Session 7: Incentives, Sanctions, and Service Adjustments

This presentation outlines the basic behavior modification principles and their applicability in keeping participants engaged in treatment court programs and move toward long term recovery. It looks at how programs can use participant driven incentives to formulate a strategy of creative responses that are desirable to the participant and productive behaviors which give the participant an opportunity to be rewarded through positive and negative reinforcement. It identifies the importance of incentives, both formal and informal, and their application in the program. The presentation recognizes the effect of immediate consequences in modifying client behavior.

Learning Objectives:

- Learn how incentives motivate participants to comply with program requirements.
- Identify various creative incentives that can be used to respond to a client 's conduct.
- Learn that incentives must be consistently and uniformly imposed.

Presenter: John Haroldson – TCI Consultant

See Session 4 Notes for Presenter Bios

Session 8: Target Population

High risk and high need justice-involved offenders are the targeted population for Drug Courts because they are the population that is most likely to reoffend. Once identified within the criminal justice system a case plan is developed to address the individualized needs of the participant. The Drug Court provides or refers participants for treatment and social services to address conditions that are likely to interfere with their response to substance use treatment or other Drug Court services (*responsivity needs*), to increase criminal recidivism (*criminogenic needs*), or to diminish long-term treatment gains (*maintenance needs*). Depending on participant needs, complementary services may include housing assistance, mental health treatment, trauma-informed services, criminal-thinking

interventions, family or interpersonal counseling, vocational or educational services, and medical or dental treatment. Participants receive only those services for which they have an assessed need.

Learning Objectives:

- Learn how to conduct a case analysis to assist justice-involved clients with understanding their risk level and ways to prevent future criminal behavior.
- Identify services based on responsiveness, criminogenic, and maintenance needs of participants.
- Explain how to use the risk and clinical assessments to develop a comprehensive case plan.

Presenter: Jaqueline van Wormer – Center for Advancing Justice Project Director

See Session 3 Notes for Presenter Bios

Session 9: An Equity & Inclusion State of Mind Part I: Understanding the Racial & Ethnic Disparities

Research has shown that individuals from diverse racial and ethnic groups often graduate treatment courts at a lesser rate than their white counterparts. As a result, treatment court professionals and administrative offices of the court need to understand the factors that perpetuate racial and ethnic disparities (RED) in treatment court practice and develop a strategic approach to all aspects of court operations when identifying and addressing disparities. American University (AU) and the Center for Justice Innovation (the Center) have partnered to help courts examine their operations by deploying the Racial and Ethnic Disparities Program Assessment Tool (RED tool) as part of a statewide strategic planning model. The RED tool is a web-based portal to help treatment courts identify and rectify RED in their operations and bolster adherence to the Equity and Inclusion Best Practice Standard. This session will highlight findings from the RED tool, policy recommendations to address RED, the statewide strategic planning model, and a state's perspective on successfully executing a RED project.

Learning Objectives:

- Examine Washington state's RED landscape.
- Review therapeutic court aggregate data and recommendations.
- Describe implementation considerations to aid program outcomes for participants.

Presenters: Karen Otis & Courtney Williams

Karen Otis is the Deputy Director of the Center for Justice Innovation's Recovery & Reform team. Karen delivers targeted assistance to state and local jurisdictions with fidelity to best practices in the areas of adult treatment courts, family treatment courts, veterans treatment courts, mental health courts, and more. Karen also designs and delivers in-person and remote trainings via webinar and videoconference. Karen is a licensed mental health counselor with over a decade of experience in family treatment court. She holds a master's degree in forensic psychology from John Jay College of Criminal Justice and a master's degree in mental health counseling from the City College of New York.

Courtney Williams is a Senior Program Manager on the Center for Justice Innovation's Recovery & Reform team. She provides state-level expert assistance, delivering best practices guidance, and spearheading program support initiatives for specialty courts nationwide. Prior to joining the Center, Ms. Williams was a Strategic Planner at the New York City Criminal Justice Agency. In this role, she showcased her strategic acumen, overseeing the comprehensive development, implementation, and review of programs and policies within the Supervised Release program. Ms. Williams holds a Bachelor of Arts in Political Science from Rutgers, The State University of New Jersey, and a Master of Science in Public and Urban Policy Analysis from The New School. Her academic pursuits have equipped her with a robust theoretical foundation, complemented by real-world experience, making her a dynamic force in shaping progressive policies and fostering equitable practices within the criminal justice realm.

Session 10: Team Member Ethics

In this session, the presenter will facilitate a dialogue on the sometimes conflicting ethical obligations of drug court team members and try to reach a consensus on how best to handle ethical variations in drug court team member obligations.

Learning Objectives:

- Recognize the conflicting ethical obligations of drug court team members.
- Demonstrate tolerance and support for those team members with differing ethical obligations.
- Understand that ethical variances can strengthen the team.

Presenter: Judge Greg Pinski– JFV Consultant

See Session 5 Notes for Presenter Bios

Session 11: Chasing Hope - An Intentional Response to the Fentanyl Crisis

This session will look at how we can start to adapt standard treatment practices to be more effective in establishing and maintaining recovery from fentanyl. One common theme we hear is the lack of hope and the overwhelming presence of shame that perpetuates the use of the drug, we will look at how we can intentionally use a three-pronged approach; mind-body-spirit to help reshape the nervous system. This session will talk about motivating factors and introduce glimmers (the opposite of triggers) as ways to increase hope and be a catalyst for healing. Another aspect of this training will be the introduction of the Protective and Compensatory Experiences (PACEs) screening and how it can be used along with the ACES screening to identify which positive and protective factors a participant developed in childhood as well as how they can begin to develop them in adulthood for their recovery. This session is intended to be the beginning of a conversation to look at how we can help address the fentanyl crisis.

Learning Objectives:

- Review drug trend data

- Discuss the three-pronged approach to treating fentanyl use disorder (mind, body, spirit)
- Learn how to assess for PACEs
- Share ways to increase hope and well-being as catalysts for healing

Presenter: Cathy Assata

Cathy Assata (she/her) is currently the Substance Use Disorder Department Director at the Center for Human Services. She has a BS in Healthcare Management, is a Substance Use Disorder Professional, and a certified trainer in several evidenced-based practices. Cathy has worked in the substance abuse treatment field since 1999, in correction-based treatment in both Wisconsin and Washington states in addition to both residential and outpatient non-profit settings. She is a member of the American Counseling Association (ACA) and the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE). Cathy is passionate about trauma-informed care and provides training and workshops on best practices for working with the LGBTQIA+ community, with a strong focus on Transgender individuals. She is committed to working with and advocating for people in recovery and provides education for peers and the general community on Opioid Overdose prevention, intervention, and reversal along with working to reduce the stigma of addiction and mental health disorders. Cathy has presented for several conferences including the Region 10 Opioid Convening, Washington Behavioral Healthcare Conference, the Washington Association of Drug Court Professionals, Washington Co-Occurring Disorders Treatment Conference, AllRise 22, You Are Not Alone Youth Suicide Awareness Event, and Saying it Out Loud. She currently lives in Western Washington with her husband, and teenage son, with three older children grown and out of the house she enjoys traveling, music, and snuggling with her five dogs and three cats. She is active in the LGBTQ+ community and is an advocate for social justice and decolonizing behavioral health.

Session 12: Risk-Need-Responsivity: Moving from Paper to Practice

Intended Audience: Adult Drug Court Judges, Prosecutors, Defense Attorneys.

The Adult Treatment Court Best Practice Standards tell us: “Treatment courts should use validated risk-assessment tools when making admissions decisions.” Using a Risk-Need-Responsivity (RNR) tool to identify high-risk, high-need individuals can help screen in participants who will be best suited for Adult Drug Courts. But courts may get stuck in the weeds trying to select an RNR screening tool – how are these tools developed? What information is necessary to report? Is there a “best” tool to use? In reality, an RNR tool provides answers to questions; the most important part of the process is how to use the information the tool provides.

This session will help judges, prosecutors, and defense attorneys move from paper to practice. The Adult Treatment Court Best Practice Standards also state: “No program works for everyone. Providing too much, too little, or the wrong kind of services does not improve outcomes, and in fact such practices can worsen outcomes.” This session will help the audience move beyond RNR basics into an understanding of risk and need that outlines protective factors, including how to use limited resources to support a program that builds up participants.

Learning Objectives:

- Recognize how to identify appropriate target populations;
- Examine the background and appropriate use of RNR tools, identifying strengths and weaknesses of tool development and use;
- Understand best practices for high-risk/high-need populations in therapeutic courts; and
- Examine the application of tracks in therapeutic courts.

Presenters: Colleen Gibbons & Kelly Van Develde

Colleen Gibbons, Ph.D., Esq. is a senior program manager on the Center for Justice Innovation's Recovery and Reform team, working with jurisdictions across the country on a wide range of criminal legal issues. Through the Center's ongoing projects, Colleen provides training and technical assistance to Veterans Treatment Courts, Adult Drug Courts, and Opioid Intervention Courts. Colleen's passion is the application of systems research to practice; she presents on a range of topics, including Disability Accessibility, Trauma-Informed Courtrooms, and Person-Centered Practices. Colleen completed her J.D. at the Syracuse University College of Law, where she specialized in Disability Law and Public Policy. She received her M.S. and Ph.D. in Human and Community Development at the University of Illinois at Urbana-Champaign, and her B.S. in Exceptional Education at Buffalo State University.

Kelly Van Develde, Esq. is an Associate Director for Recovery and Reform at the Center for Justice Innovation. Kelly is a seasoned legal professional with extensive expertise in problem-solving justice and alternative approaches to incarceration. Kelly provides expert assistance to jurisdictions nationwide, and advises attorneys, judges, and other practitioners on issues relevant to drug courts, court-based opioid intervention programs, and other forms of problem-solving justice. In this role, she leads and delivers a wide range of onsite and remote technical assistance projects including treatment court evaluations and strategic planning, opioid court implementation, statewide strategic plans, and training. Prior to joining the Center Kelly was an Assistant District Attorney in the Bronx District Attorney's Office, where she was a member of the Alternative to Incarceration Bureau working with several problem-solving courts. Kelly is a graduate of Wellesley College and Brooklyn Law School.

Session 13: How to Start an Alumni Group: Developing Alumni Programs in Therapeutic Courts

The Therapeutic Court alumni recovery community harnesses the collective power of lived experience and can provide valuable expertise to therapeutic court team members and current participants. This session will utilize the All Rise toolkit titled "How to Start a Treatment Court Alumni Program" to assist teams in establishing alumni groups from the ground up. The presentation will feature practical examples from existing Washington State Therapeutic Court Alumni groups, including developing recovery support groups and hosting special recovery events with current participants. Presenters will also discuss important initial considerations and lead the audience through the pivotal role of alumni within the therapeutic court team, emphasizing essential boundaries and ethical guidelines.

Learning Objectives:

- Identifying the necessity and important initial considerations for establishing an alumni group within a Therapeutic Court program.

- Exploring the initial engagement process with alumni and the foundational steps involved in constructing the alumni group.
- Learn to develop a structured framework for implementing an alumni group and organizing special recovery events with current Therapeutic Court participants.
- Highlight the distinct role that alumni fulfill within a therapeutic court program compared to peer support specialists, and address important ethical considerations, including essential boundaries.

Presenters: Joe Barsana & Caitlin Goodeill

Joe Barsana is a WA State Certified Peer Counselor and Recovery Coach. After graduating from King County Drug Diversion Court in 2020, Joe returned to Drug Court as an employee - initially as the Resource Specialist and currently as a Housing Case Manager. He is currently a Board Member of the WA State Association of Drug Court Professionals and WA Association of Drug Courts. Joe is also the President and Co-Founder of the WA State Therapeutic Court Alumni Association and attended the All Rise Alumni Leadership Training Institute. He is passionate about using his professional and lived experience to support and advocate for others in recovery.

Caitlin Goodeill is a Community Outreach Worker for Lewis County Drug and Family Recovery Courts. After graduating from Lewis County Drug Court in April of 2020, Caitlin went on to finish her associates in substance use dependency counseling. She was an active alumna in her local therapeutic court alumni association during this time, and her passion for the community she was a part of pushed her to continue her education and receive her bachelors in behavioral health, her WA State Certified Peer Counselor certificate, and she is currently in the middle of her MSW program at Grand Canyon University. Caitlin is also the current Secretary and co-founder of the WA State Therapeutic Court Alumni Association, as well as a member of the Washington Recovery Alliance. Caitlin is passionate about utilizing her lived experience as well as her knowledge of substance use disorders and behavioral health, to help advocate for others in recovery, and to continue producing the alumni communities needed for successful post-graduation recovery.

Session 14: An Equity & Inclusion State of Mind Part II: RED Action Planning

Research has shown that individuals from diverse racial and ethnic groups often graduate treatment courts at a lesser rate than their white counterparts. As a result, treatment court professionals and administrative offices of the court need to understand the factors that perpetuate racial and ethnic disparities (RED) in treatment court practice and develop a strategic approach to all aspects of court operations when identifying and addressing disparities. The session will build on part one of the Equity and Inclusion State of Mind series by actively engaging therapeutic court staff in the action planning process. Through a facilitated conversation, attendees will help shape Washington state's plan to address disparities identified in the statewide RED data report by providing insight and considerations informed by their direct experience in therapeutic court.

Learning Objectives:

- Review statewide recommendations.
- Prioritize recommendations for action planning.

- Develop an action plan based on the prioritize statewide recommendations.

Presenters: Karen Otis & Courtney Williams

See Session 8 for Speaker Bios

Session 15: Sequential Intercept Model

This presentation will focus on Sequential Intercept Mapping (SIM) and its application in therapeutic courts, particularly in Washington State. We'll explore how SIM integrates peer support, resource opportunities, diversion, and improvement at different levels to address the needs of individuals in the justice system. Through discussions and brainstorming, attendees will learn strategies for building partnerships across various systems to enhance outcomes and maximize community resources. The goal is to equip participants with actionable approaches to de-silo court systems, improve outcomes, and optimize resource utilization, even without formal mapping events.

Learning Objectives:

1. Understanding the Sequential Intercept Model (SIM)
2. Exploring SIM Mappings including Implementation in Washington State
3. Learn to Facilitate Cross-System Partnerships and Relationship Building
4. Applying SIM Concepts to De-silo Court Systems

Presenter: Tessa Clements

Tessa Clements is the Behavioral Health Program Supervisor at Washington Administrative Office of the Courts, Office of Innovation. Tessa came to the newly formed Behavioral Health Program in February 2022 as their first hire, tasked with building and leading the program. She comes from more than a decade in public health where she was first introduced to the Sequential Intercept Model, Adverse Childhood Experience and Trauma Informed Care. Half her years with the Pacific County Public Health and Human Services Department were spent coordinating therapeutic courts and then managing all of the behavioral health programs, from prevention through jail reentry. Her experience working in public health drives her views on how the court can build trauma informed practices and support those experiencing behavioral health issues into recovery as ways to reduce recidivism and build community health and wellbeing.

Session 16: Serving Individuals and Families with Substance Use Disorder

This training will discuss how judgment can be impaired by a Substance Use Disorder. We will then discuss how the stress of having a family member suffering with a substance use disorder can also impact their decision making. A review of the most current research on how Substance Use Disorder can impact the brain

will be done. Lastly participants will look at ways that Substance Use Disorder impacts family members including a discussion of ways to help families be involved with treatment.

Learning Objectives:

1. Review the brain science of substance use disorder
2. Look at ways SUD can impact decision making of individuals and their families
3. Discuss ways to help families be more supportive of treatment goals

Presenter: Paul Hunziker

Paul Hunziker has over 20 years of experience working in both the substance use disorder and mental health disorder treatment fields. Paul founded and directed a Washington state licensed substance use disorder and mental health treatment agency which focused on working with families. He is currently in private practice in Tacoma, WA. Paul has been training for the Addiction Technology Transfer Center as well as several other agencies since 2015. He is also an American Association of Marriage and Family Therapists Approved Supervisor and has been a member of the Motivational Interviewing Network of Trainers since 2014. Paul is a sought-after trainer who is known for creating and facilitating engaging experiential training events. He has hundreds of hours of experience training in topics such as motivational interviewing, clinical supervision, and family-based programming. He has also worked with several agencies in developing more extensive co-occurring and harm reduction-based programming.

Session 17: The Power of Hope

Within the discipline of Positive Psychology, extensive research has proven hope to be a powerful psychological strength and one of the leading predictors of wellbeing, especially when times are tough. Hope is strongly linked to the reduction of symptoms associated with anxiety and depression while also acting as a significant buffer to vicarious trauma, compassion fatigue and burnout. Research also suggests that hope plays a constructive and integral role in substance abuse recovery by reducing risk of resuming use during the recovery process. Using this cognitive based motivational model, Jon Tunheim, the elected Prosecuting Attorney in Thurston County and Past-President of the Washington State Association of Drug Court Professionals, will present the positive psychology framework and vocabulary of Hope Theory along with ways to leverage hope to improve therapeutic outcomes.

Learning Objectives:

1. Learn the theoretical foundations of Hope Theory and how hope acts as a psychological strength during times of adversity and stress and reduces risk of resumption of use by those in recovery.
2. Learn how to use a simple tool to measure hope in adults.
3. Learn how to apply Hope Theory to reduce risk of staff burnout while increasing therapeutic court participants' hope.

Presenter: Jon Tunheim

Jon Tunheim has served as the elected Prosecuting Attorney for Thurston County since 2011. Prior to his election, Jon served as a Deputy Prosecutor for 20 years prosecuting a wide variety of felony cases with a focus on cases involving sexual assault, domestic violence and crimes against children. Jon is known regionally as a strong advocate for treatment courts throughout the State of Washington having served many years on the WSADCP board. Through his work with crime victims, Jon was introduced to Hope Theory and immediately recognizing the importance of this science to those who experienced childhood trauma and became intensely interested in the application of Hope Theory in criminal justice settings He is now a frequent speaker on Hope Theory and has presented at the local, state and national level. Jon is convinced that Hope is essential for those in recovery and has trained the staff of his local Thurston County Drug Court on Hope Theory. Inspired by this work, he designed a “Hope Coin” which he now presents to every treatment court graduate in Thurston County to recognize them for their achievements.

Session 18: Wellness and Justice Intersect to Address Addiction and Restore Communities

The Quinault Nation developed the Quinault Wellness Center, three Quinault Tribal Healing to Wellness Courts and recently, three joint jurisdiction Wellness Courts with Grays Harbor County Superior, Hoquiam and Aberdeen Municipal Courts in an effort to heal their community both inside and outside of the Quinault reservation boundary. The wrap around evidence-based approach to services provided by the Healing to Wellness Courts, coupled with the one-stop-shop services provided by the Quinault Wellness Center are providing a higher level of care for the substance afflicted than ever experienced in Grays Harbor County. This presentation will discuss how the Tribal and State Courts collaborate with the Quinault Wellness Center and other County partners to address the needs of youth, families and defendants struggling with addiction and how they are able to serve both the Quinault and non-Quinault population in the County. The discussion will include a nuts and bolts outline of the process of building similar partnerships to include funding and the key benefits of this collaboration.

Learning Objectives:

1. Learn what a Tribal Healing to Wellness Court is.
2. Learn what the Quinault Wellness Center is.
3. Identify several different types of Joint Jurisdiction Healing to Wellness Courts.
4. Key benefits of collaboration.
5. Where to start when considering joint jurisdiction.
6. Funding ideas.

Presenter: Leona Colegrove

Chief Judge Leona Colegrove is a proud Quinault, Hupa, and Saanich. She is a graduate of the University of Washington School of Law with a Concentration in Alternative Dispute Resolution. In addition to the Quinault Nation Court, she is also the Chief Judge of the Elk Valley Rancheria in Northern California. She has been practicing law since 2000 and began her judicial career in both Tribal and State Court in 2006. She has extensive experience developing and

operating tribal alternative, criminal, and juvenile courts, to include the first wellness/drug courts for both the Quinault and Quileute Tribes. She has also developed joint jurisdiction alternative Courts to include the Hoopa Tribal and Humboldt County joint jurisdiction family wellness court. In addition to her judicial work, Judge Colegrove is an attorney and has litigated on behalf of Tribes and Tribal members in both Tribal and State Court. She was the first Indian Judge to sit on the Washington State Supreme Court Commission on Children in Foster Care. She is an expert on expanding victim protection in the communities she serves, developing victims of crime programming available to her Courts. She's held positions on the Washington State Tribal Court Judges Association Governing Board, the National American Indian Court Judges Associations Executive Board, the California Tribal State Court Forum and the WA Tribal/State Court Consortium.

Session 19: Washington State Alumni Meeting/Conversation

This facilitated conversation, hosted by the WA State Therapeutic Court Alumni Association ([WSTCAA](#)), will delve into the power of lived experience in Therapeutic Courts. By engaging active alumni and peer recovery support specialists, we will have robust discussions about recent victories, current challenges, and future strategies for maximizing effectiveness. This session is a unique opportunity to advocate for the voices of those with lived experience and expertise, and to uplift and increase the value of these voices to therapeutic court teams around the state.

Presenter: Joe Barsana

See Session 13 for Speaker Bio

Session 20: Treating Impaired Drivers in Other Models of Treatment Courts

Don't have an impaired driving treatment court but have implemented other models of treatment court in your jurisdiction? Competing resources is a key factor as to why jurisdictions are unable to fully implement a treatment-based model to serve all those in need. This often results in the decision to combine treatment court models to better serve the public. However, not all individuals present with the same risks, needs, and attitudes. Impaired drivers are a population that is uniquely different from the traditional treatment court population. This session will highlight those key differences and present how to implement a track specifically for the high-risk/high-need impaired driver.

Learning Objectives:

- Attendees will be able to identify unique characteristics that set the impaired driver apart from other court populations.
- Attendees will learn the factors and tools to identify the target population for an impaired driving track.
- Attendees will learn how to implement a track for impaired drivers in their existing treatment court.

Presenter: James Eberspacher

James (Jim) Eberspacher is the director of Impaired Driving Solutions, a division of All Rise providing training and technical assistance to treatment courts that serve individuals with impaired driving offenses. He has more than two decades of cumulative experience in treatment courts, corrections, policy development, and training/technical assistance. In his current role, he is responsible for the overall daily operations, training, curriculum development, outreach, promoting the expansion of impaired driving treatment courts, and providing solutions to communities to eliminate impaired driving. Prior to joining Impaired Driving Solutions, for seven years, he served as the Minnesota state treatment court coordinator and provided oversight in forming treatment court policy and strategic planning, state standards, funding, research, and delivery of training and technical assistance to treatment court teams. Prior to his role at the state level, he served as the coordinator for three treatment court teams in rural Minnesota and worked as a probation officer.

Session 21: The Power of Peers-Incorporating Peer Support into Therapeutic Courts

This presentation will explore the transformative power of peer support and its integration into therapeutic courts. We will discuss the fundamental principles of peer support, the implementation and outcomes observed in King County Drug Court, and the overall scope of work involved. Highlighting the All Rise Peer Support Practice Guidelines, we will examine effective methods for embedding peer support into therapeutic court systems. Additionally, the presentation will cover the roles and benefits of peer recovery specialists, emphasizing the positive impact of peer support on participant engagement and recovery outcomes. Attendees will gain valuable insights and practical strategies for incorporating peer support into their treatment court programs.

Learning Objectives:

- Educate attendees on the fundamental principles of peer support in therapeutic courts.
- Share practical strategies and best practices for integrating peer support into existing therapeutic court programs.
- Provide real-world examples and evidence-based research to support the effectiveness of peer support.
- Equip attendees with the knowledge and tools needed to advocate for and implement peer support initiatives within their own therapeutic courts.

Presenters: Lizzy DesChane & Marjorie Drieu

Lizzy DesChane serves as the Treatment Coordinator for King County Adult Drug Diversion Court (KCDDC). She holds dual degrees—a BA in Public Health and another in Medical Anthropology and Global Health from the University of Washington. With over ten years of dedicated experience, Lizzy has focused on assisting individuals with substance use disorder and criminal legal involvement. Her professional background includes roles as a Drug Court Case Manager and as a Resource Specialist at Therapeutic Health Services.

Marjorie Drieu serves as the Program Manager at Peer Kent, where she oversees justice involved contracts with King County Drug Diversion Court, Renton, Federal Way, and Des Moines Municipal Courts. She has been in recovery since May 7, 2019, and during this time, Marjorie has discovered her passion as a mother, daughter, sister, and peer. As a graduate of the King County Drug Diversion Court, she dedicates herself to supporting others in navigating their justice involvement and recovery journey, drawing from her own lived experiences.

Session 22: Statewide Review of Therapeutic Courts with the WATER

The Washington Therapeutic Court Evaluation & Review ([WATER](#)) tool was released in October 2023. After the first year, it's time to review where the state is strongest when it comes to therapeutic courts, and where the most challenges are. Join us to discuss statewide results, how the summary reports have been used thus far, and see a preview of the upcoming modules.

Learning Objectives:

- Share statewide strengths/challenges & any plans to meet those challenges
- Highlight ways summary reports have been used by teams thus far
- Preview upcoming modules

Presenters: Dr. Mikala Meize-Bowers

Dr. Mikala Meize-Bowers is a Senior Research Associate at the Washington State Center for Court Research in the Washington Administrative Office of the Courts. She works with therapeutic courts to develop their data, monitor performance, evaluate programs, provide technical assistance, and use data to make data-driven improvements. Dr. Meize-Bowers earned her PhD in Criminal Justice and Criminology from Washington State University.

Session 23: Working With Clients in Poverty: A Scarcity of Resources

The presentation focuses on understanding generational poverty, especially in rural, low-income, and people of color communities. It discusses how discipline and consequences vary across different socioeconomic groups and stresses the importance of building trust with people in poverty. It advocates for the incorporation of procedural justice principles into agency policies and processes, emphasizing the pillars of voice, neutrality, respect, and trust as essential components of a fair and equitable system. The presentation suggests ways to improve agency policies and processes to better serve people in poverty. It encourages proactive measures such as client satisfaction surveys and the development of support networks to meet the diverse needs of individuals. The goal is to help attendees better support individuals living in poverty and work towards breaking the cycle of generational poverty in communities.

Learning Objectives:

- Understanding Generational Poverty: Participants will gain insight into the impact of generational poverty on individuals born into environments with limited resources, with a specific focus on its effects on rural, low-income, and people of color communities.
- Cultural Competence and Trust Building: Attendees will learn strategies for building trust and effective communication with individuals living in poverty, recognizing the importance of cultural sensitivity and empathy in creating meaningful relationships.

- Implementing Procedural Justice: Participants will explore the concept of procedural justice and its application in social service agencies, focusing on integrating the pillars of voice, neutrality, respect, and trust into policies and processes to ensure equitable treatment and accountability.

Presenter: Yvonne Jones

Yvonne Jones, MSOD, is a Human Services Professional with 20 years of experience in local government and alternative court programs. Her background includes various front line, management and project management roles with court programs primarily in Mecklenburg County Courts, in Charlotte, NC. Yvonne has 20+ years of experience with Reentry, Drug Courts, Pretrial and related programs, of which ten (10) years were spent in Drug Courts. She has presented at the NADCP conference (2017) and the National Pretrial conference (NAPSA) in 2018. Yvonne has lent her talents to consulting roles at The National Center for State Courts as a contributor to DEI, Case Flow Management, and alternative program initiatives as well as a Community Engagement consultant with Civility Localized for transportation and civic engagement projects. Yvonne completed her undergraduate studies at UNC-Charlotte with a B.S. in Criminal Justice and a B.A. in African American Studies. She holds her Masters in Organization Development from Queens University.

Session 24: Shared Decision Making for Medications for Opioid Use Disorder

This presentation will review the rationale and development of a shared decision making (SDM) approach and tool for medications for opioid use disorder (MOUD). The medication and care setting options will be detailed. Available print and online materials and training tools will be reviewed. Research on the approach will be shared as will examples of local approaches to implementation.

Learning Objectives:

- Educate attendees on the rationale for shared decision making for MOUD.
- Share the SDM tool and processes and how they can be used across the care team.
- Provide attendees an orientation to the content of shared decision making for MOUD.
- Provide examples of real world implementation and impacts of shared decision making for MOUD.

Presenter: Caleb Banta-Green

Caleb Banta-Green, PhD, MPH, MSW, is the director of the Center for Community-Engaged Drug Education, Epidemiology & Research at the University of Washington where he is also a research professor. He led the development of the shared decision making model and research on implementation in WA State jails. He has subsequently overseen the training and implementation of the model across WA State. And his team has distributed more than 10,000 copies of the tool in WA State and provides online training materials on www.learnabouttreatment.org

Session 25: Understanding Adolescent and Young Adult Development in the Context of Treatment Court Programming

This session will focus on the importance of understanding emerging adulthood and development in the context of treatment court programming and responses. Theoretical and research foundations will be discussed. How to move researching findings into effective practice, with a special focus on drugs of choice and treatment needs of young adults will be explored.

Learning Objectives:

- Identify the five features that distinguish the period of “emerging adulthood” from other development stages.
- Learn practical approaches for translating relevant research into effective practice and responses.
- Learn about key resources that treatment court teams can use to further train young adult development and drug use.

Presenter: Jaqueline van Wormer – Center for Advancing Justice Project Director

See Session 3 Notes for Presenter Bios

Session 26: Carrying the Weight: The Impact on Fines & Fees on Participants

Treatment courts often impose fines, fees, and other financial obligations as a condition of program completion. Other financial obligations may be imposed by statute or administrative requirements, such as supervision fees. This session will highlight the current state of research in regard to the imposition and collection of fines and fees in treatment court programs and how they impact issues of equity and inclusion as well as program completion and other outcomes. It will also focus on the importance of “ability to pay” determinations and other alternatives that may reduce the negative impact on outcomes.

Learning Objectives:

- Learn about relevant research on the imposition and collection of treatment court fines and fees.
- Understand the outcome-based impact of the collection of fines and fees.
- Identify options and alternatives for treatment courts to consider to reduce any negative impact on outcomes and decrease inequities in program completion rates.

Presenter: James Eberspacher

See Session 18 for Speaker Bio

Session 27: Workshop: Storytelling and Report-Making with Data

Gain hands-on experience working with data in this interactive workshop. A template dataset in Excel will be provided for practice, but we encourage you to bring data you're actively hoping to work with. Throughout this workshop you'll learn how to take data and turn it into charts, tables, and graphs. You'll then learn how to use those to tell a story to different audiences (community members, leadership, other agencies, etc.). These skills are invaluable when creating reports and reviewing therapeutic court data.

Learning Objectives:

- Use Excel to organize data.
- Create charts, tables, and graphs to summarize data.
- Tell a story using data visuals to clearly communicate data summaries.

Presenter: Dr. Mikala Meize-Bowers

See Session 20 Notes for Presenter Bio

Session 28: How MRT and DV MRT Programs Can Assist in Successful Outcomes in Therapeutic Courts

Moral Reconciliation Therapy (MRT) is a type of behavioral therapy aimed at decreasing the likelihood of someone returning to abusing substances or alcohol. It teaches people in the criminal justice system with substance use disorders to focus on the moral aspects of their illness, and the social consequences that may be associated with using drugs or alcohol. It is a widely accepted cognitive-behavioral approach that treats substance use disorders, trauma, domestic violence, and more. MRT aims to change thought processes and decision-making associated with addiction and criminal behavior. It utilizes a combination of psychological practices to assist with egocentric behaviors and improve moral reasoning and positive identity. Studies suggest that it is effective in reducing recidivism after treatment. The Domestic Violence (DV) MRT Program is designed to change how batterers think (belief systems), therefore leading to changing the batterers' behaviors from any types of abuse whether it is physical, emotional, or financial to behaviors which include equality and acceptance. This session will highlight the key differences between the programs and present how courts are using these programs to help reduce recidivism and achieve greater treatment outcomes, especially in hard to serve populations.

Learning Objectives:

- Who are the creators of the MRT and DV MRT Programs
- What does MRT stand for
- What are the differences between MRT and DV-MRT
- How MRT reduces recidivism
- How MRT and DV MRT can be used in therapeutic courts

- Where are these programs being offered and how can courts implement these programs

Presenter: Omar Gamez

Omar Gamez (he/him) is an Assistant Court Administrator for the Edmonds Municipal Court. He has a Masters in Science in Criminal Justice from the University of Central Florida. He has 20 years of experience in the field working with at-risk populations as a Social Worker, Case Manager, and Probation Officer. He currently serves as the President for the Washington Misdemeanant Probation Association. He teaches Motivational Interviewing to all newly hired Misdemeanant Probation Officers across the state. He volunteers for St. Vincent de Paul, teaches several cognitive behavioral therapy courses including MRT and DV MRT (in English and Spanish) and facilitates a Smart Recovery Support Group. He resides in Edmonds with his partner Jason, brother Alex, and their two dogs Kevin and Marty.

Session 29: Prosecutor Conversation

Presenters: Jon Tunheim & John Haroldson

See Session 16 and Session 4 for Presenter Bios

Session 30: The Science of Medication for Opioid Use Disorder

You will learn about the mechanism of action and evidence-based efficacy of the three FDA-approved medications for treating individuals with opioid use disorders (OUD). You will learn about various myths about medications for opioid use disorder (MOUD) as well as clinical cases. You will also learn about the risks and challenges of treating individuals with medications for substance use disorders in the criminal justice system.

Learning Objectives:

- Identify three medications for treating opioid use disorders including their mechanisms of action.
- Describe three public health benefits associated with MOUD.
- Recognize appropriate situations to support the use of medications for treatment court participants with OUD.

Presenter: Dr. Lipi Roy

Dr. Lipi Roy is a physician, international speaker, media personality, entrepreneur, and host of the YouTube series Health, Humor and Harmony. In July 2023, she founded SITA MED, a health speaking company that addresses stress-related conditions such as addiction and anxiety, and has trained doctors, judges, journalists, executives, and beyond. Dr. Roy served on the frontlines of the pandemic as the medical director of COVID Isolation and Quarantine Sites for Housing Works in New York City. She also treated patients with opioid use disorder at a harm reduction clinic in the Bronx while working at multiple COVID vaccination sites. As an MSNBC and NBC medical contributor, Dr. Roy made over 350 live television appearances

discussing COVID-19. Her work spans academia, clinical medicine, homeless health, social and criminal justice, public speaking, media, and entertainment. As the former chief of addiction medicine for Rikers Island, Dr. Roy oversaw substance use treatment and recovery services at the nation's second largest jail complex. She also sees patients at Greenwich House Center for Healing and serves as clinical assistant professor at NYU Langone Health. Previously, Dr. Roy served as a primary care doctor to Boston's homeless population, among whom the leading cause of death was drug overdose. She also served as an attending physician at Massachusetts General Hospital and as faculty at Harvard Medical School. Dr. Roy completed her medical and MPH degrees at Tulane University, followed by residency training in internal medicine at Duke University Medical Center. Her mission is to educate and empower the public to make healthy decisions. As a Forbes contributor who has interviewed medical experts such as Dr. Peter Hotez and celebrities such as Mary J. Blige and Ice-T, Dr. Roy is one of the world's trusted experts in health communication. She has appeared on multiple media outlets, including CNN, The Tamron Hall Show, CBS New York, and PIX11, and has been featured in the New York Times, Boston Globe, Wall Street Journal, Cooking Light, Oprah.com, and many others. Find Dr. Roy on Twitter/X, Instagram, TikTok, SITA MED, and her YouTube channel (subscribe for free!).

Closing Remarks: Master of Ceremony and Passport to Recovery Raffle Drawing

To receive CEU, CLE, or CJE credit, session evaluations must be completed and returned. Evaluations will be emailed after the conference.

Alumni Gathering Space in the Pinnacle Room: Exclusive for therapeutic court alumni, peers, and people with lived experience – a safe space to decompress, refuel, and connect with each other. This will also be a great place to learn more about the WA State Therapeutic Court Alumni Association (WSTCAA).

Schedule subject to change

W A D C