

## Working with challenging Team members

Vanessa Matthews

**Treatment Court institute Division Director** 





## The Life Cycles of Treatment Court Teams

## What happens when we don't work



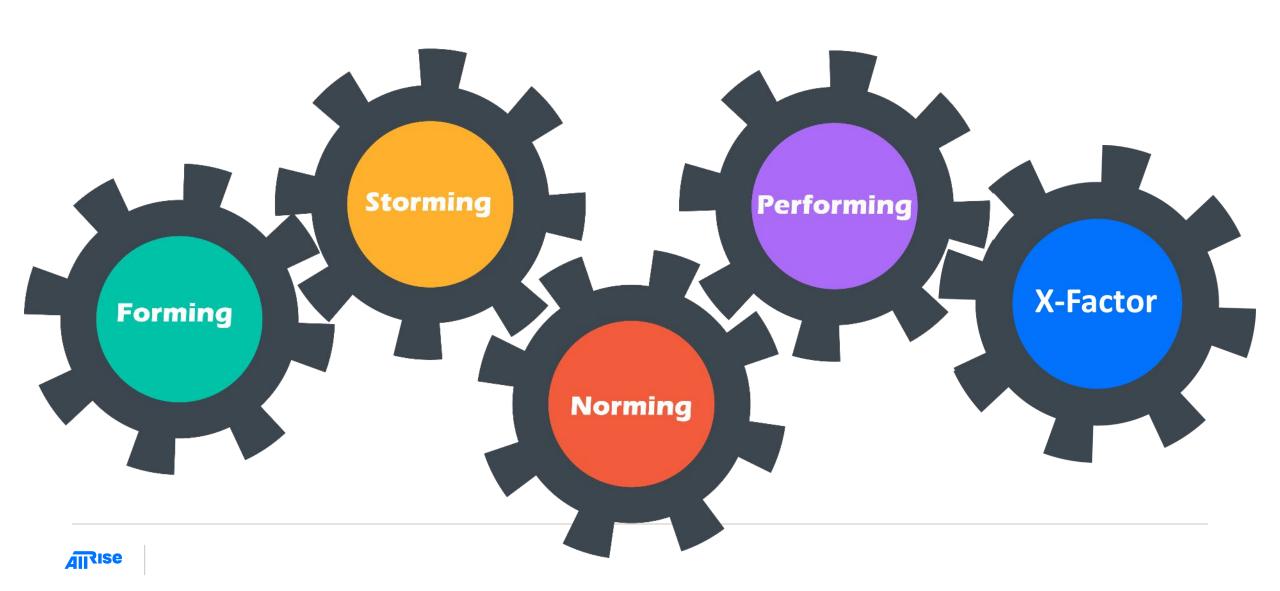
## **Stages of Team Development**



- Forming
- Storming
- Norming
- Performing



## **Stages of Team Development**





## Teambuilding is essential





# Six Factors for Team Effectiveness

- 1. Reinforce a shared purpose
- 2. Role clarity
- 3. Promote enabling processes
- 4. Psychological safety
- 5. Encourage collaborative spirit
- 6. Foster growth



## Groups



## VS

## **Teams**



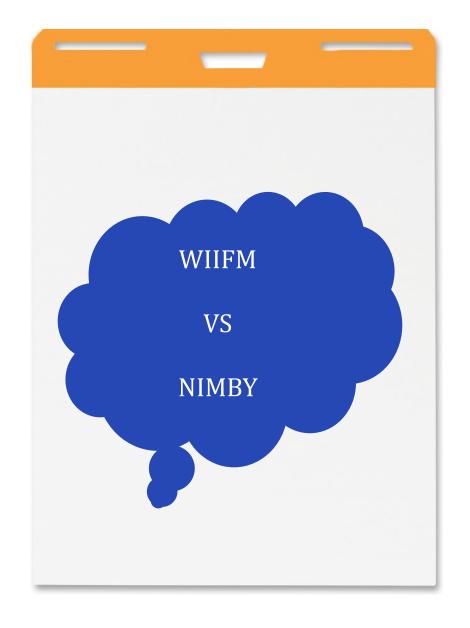


## **Groups vs Teams**

 Problem – without leadership, direction, goals, groups become unmanageable and unproductive

• Brainstorm: Think back to groups you've been involved with that were not enjoyable experiences. What made those groups not fun to participate in?





### **Groups vs Teams**

 Groups with a common purpose and values that are understood by all the members

• Brainstorm: What skills and tools do you bring to make a team successful?



## Secret Ingredient



## Trust

Is a key ingredient for a high-performing treatment court

How do we build trust?

### **Five Elements of Trust**

T ransparent

R espect

**U** nite

S how

T rust-building activities



## **Create Open Communication Channels**

 Barriers to learning is usually a result of miscommunication

- Training should be a two-way conversation, not a lecture
- Provide opportunities for the learner to ask questions?





## **Building Credibility**

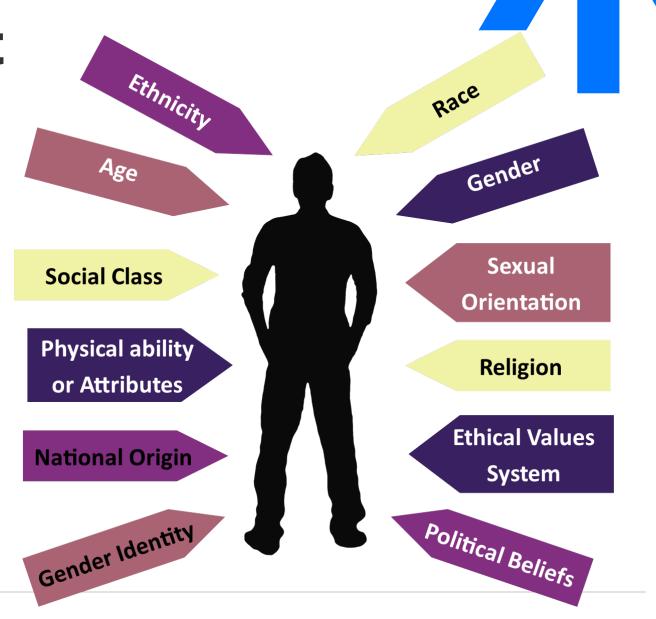
- Your credibility is based on the audience's belief that they can learn something from you
- Trust
- Competence
- Dynamism
- Authenticity





### **Diversity is a Fact**

- Diversity is the range of human differences
- Inclusion is an act and takes practice
- Equity is the goal





## Provide Structure to the Discussion





## Why Does Conflict Occur?



- Lack of communication
- A value conflict
- Lack of effective leadership or decision-making
- Discrepancies in role expectations
- Low productivity
- Unresolved prior conflict

### **Results of Conflict Resolution**

- Successful
- Better ideas are produced
- Forced to search for new approaches
- Old problems surface and addressed
- Forced to clarify their views
- Tension stimulates interest and creativity
- People have a chance to test their capabilities

- Unsuccessful
- People feel defeated and humiliated
- The distance between the parties increases instead of decreasing
- A climate of distrust develops
- Cooperation may decrease
- Resistance develops when teamwork is needed

## **Dealing with Conflict**

#### **Avoidance**

 Not satisfying - leave uncertainty about dealing with the same situation in the future.

#### **Diffusion**

Delaying actions in an attempt to cool the situation.



#### Confrontation

Addressing conflicting issues or persons.



## **Dealing with Conflict**

#### **Arbitration**

Both sides in stalemate, third party decides the issue.

### **Voting**

Majority rules

### **Compromise**

Negotiation and bargaining to reach a satisfactory agreement

#### Consensus

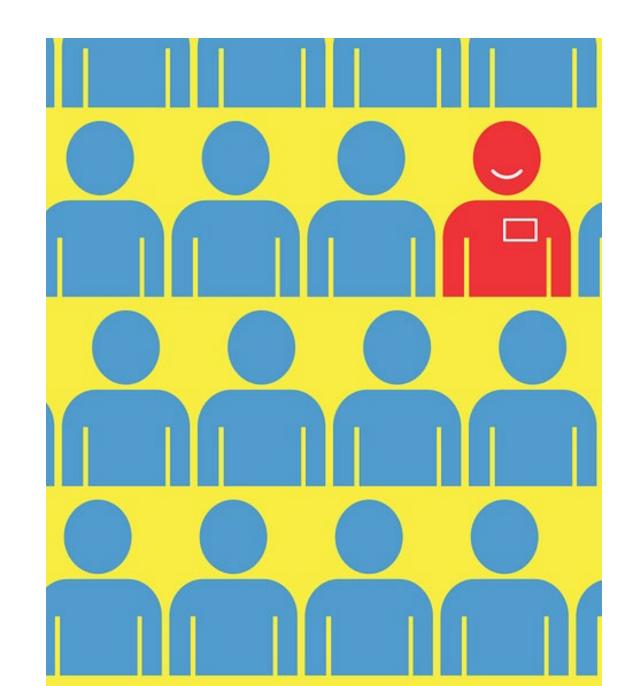
Brings all parties in the conflict to a mutually satisfying resolution







## Treatment Courts and the Change Process



## The "20-50-30 Rule"



- 20% of people are change friendly; clear advocates; willing to embrace change and drive the program
- 50% of people sit on the fence; neutral; figuring out which way to go
- 30% of people resist; antagonistic toward change; might try to make it fail







Changes – are situational

Transitions – are psychological/emotional changes of team members



## **Tools for Change**

What tools do you currently use to instill change in your own life?

What tools do you currently use to instill change in your treatment court?





Treatment Court Institute

Impaired Driving Solutions

Justice for Vets

Center for Advancing Justice

#### THANK YOU!



Vanessa Matthews - TCI Division Director vmatthews@allrise.org